

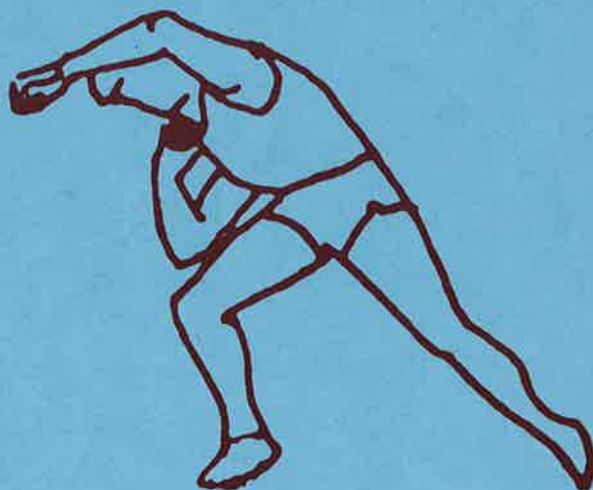
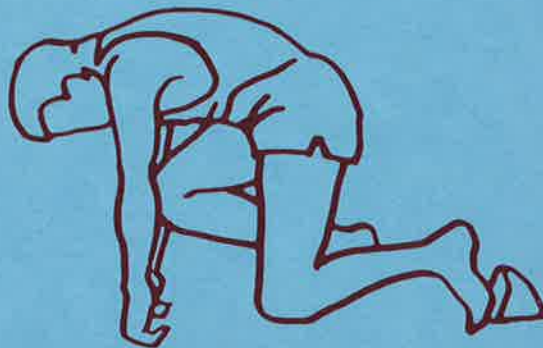
THE TEDORE FAMILY
6 FERN AVE.,
TEA TREE GULLY
S.A. 5091

SENIOR

17 MAY 1981

26

TEA TREE GULLY ATHLETICS CENTRE INC.



GULLY RUNNER

1980-81



SHELLEY ST.

**OPEN
7 DAYS A WEEK**

*Proprietors - Peter and
Maureen Russell*

**Remember the Old
Style of Garage?
A FRIENDLY G'DAY**

*Well we try and run
Shelley St. like that*

GIVE US A TRY!
CNR. NORTH EAST RD AND
SHELLEY ST. T.T. GULLY.
PHONE: 264 2086

**ROOTS & LEAVES
GARDEN CENTRE
PTY. LTD.**

OPEN 7 DAYS A WEEK

- Native Trees and Ferns.
- Pine Bark - Red Gum Chip.
- Mulch - Railway Sleepers.
- Sand - Metal - Loam.
- P.V.C. Pipe and Fittings.
- Cement - Steel Lawn Edging.
- Shade Cloth - Black Plastic.

Cnr. Tolley Rd. & Smart Rd. ST. AGNES
Ph. 263-0492 or 265-0665 A.H. 264-1610

**BANKSIA PARK
DELI**



106, Elizabeth St.
Banksia Park.



*For all your Continental Smallgoods
Bread, Biscuits, Cakes, Ice Cream,
Soft Drinks, Frozen Food,
Groceries*

**CUT LUNCHES
HOT PIES & PASTIES
FRUIT & VEGIES**

**OPEN 7 DAYS A WEEK
7.30 a.m. - 8.30 p.m.
PHONE 263 2511**

TRAK

**SPORTS & CYCLE CENTRES
- SPORTS -**

We have an extensive range of Clothing,
Footwear, and Sports Equipment at
very competitive prices.

- CYCLES -

Come and see the largest stocks of
Ricardo Cycles from Skid-Kid Cycles
to Lightweight 10SP Racers.

Find us at ...

**INGLE FARM SHOPPING
CENTRE 265 0357
and**

**ST. AGNES SHOPPING
CENTRE 264 7888**

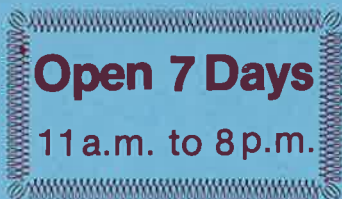


- **PERSONALISED SERVICE
LOCAL - COUNTRY -
INTERSTATE**
- **OVERSEAS SHIPPING
SERVICE**
- **STORAGE A SPECIALITY**

264 4455

KLOSE'S REMOVALS
32 WILLIAM ST. TEA TREE GULLY
Proprietors: Graham & Colleen Klose

**BANKSIA PARK
FISH & CHIP SHOP**



Freshly Cooked

**Fish & Chips • Chickens
Tasty Hamburgers & Steaks
All Welcome • Bring a Friend!**

Telephone 263 1908

Welcome!

to the



SHAN TUNG

1259 North East Road, Ridgehaven
(Opposite St. Agnes Shopping Centre)

OPEN 7 DAYS A WEEK

LUNCH SPECIALS - FROM \$3.00

**SUNDAY SPECIAL BANQUET STYLE
LUNCHES**

**Parties & Banquets catered for
263 1240**



**MIDWAY QUALITY
MEATS**

106 Elizabeth Street
Banksia Park

**QUALITY BUTCHERS
RETAIL AND BULK
MEATS ALWAYS
AVAILABLE**

Also

**B.B.Q. Catering Service
MIDWAY DINNER TOURS**

Ph: 264 0228 Closed Mondays



T.T.G.A.C.
P.O. Box 43,
ST. AGNES 5097

GULLY RUNNER
Vol. 2 No.26

Bulkana Oval,
Spring Crescent,
BANKSIA PARK.

Friday, 15th May, 1981.

Contact phone numbers:-

Little Athletics 264 6606
Senior Athletes 251 1149.

The Annual General Meeting of the T.T.G.A.C. Inc. was held on May 6th and attended by 44 members. Here is a brief outline of the meeting for those of you who were unable to attend.

The proposed Amendments to the Constitution were voted upon and the motion carried.

Listed below are the newly elected Committee Members.

CENTRE MANAGEMENT COMMITTEE

President	-
Vice Pres. Seniors	Roy Barber
Vice Pres. L.A.	Denise Yard
Secretary	Leonie Byrnes
Treasurer	John Lockwood
Education Officer	Jim Duncan
Fund Raising Officer	Ron Lane
Social Secretary	-
Publicity & Promotions Off.	-

SENIOR SUB COMMITTEE

President	Roy Barber
Secretary	Diane Lockwood
Registrar	Maira Somerton
Recorder	Pat Leckey
Team Manager	Wendy Barber
Social Rep.	Kath Davis
Publicity & Prom. Rep.	Diane Lockwood

L.A. SUB COMMITTEE

President	Denise Yard
Secretary	Pam Lomman
Competitions Officer	Graham Sullivan
Registrar	Loralie Dunn
Chief Recorder	Joy Page
Team Manager	-
Grounds & Equip. Officer	-
Officials Officer	John Graham
Publicity Rep.	-

As you can see several positions are still unfilled. These are as follows:-

CENTRE MANAGEMENT COMMITTEE - President
Social Secretary
Publicity & Promotions Officer

L.A. SUB COMMITTEE - Team Manager
Grounds & Equipment Officer

A motion was put forward that the suggestions numbered 1-5 outlined in the 1980/81 Grounds & Equipment Report, submitted by Adrian Earl, be adopted for the 1981/82 season. This should make the job much easier.

If anyone feels they would like to fill one of the committee positions still vacant, please contact The Secretary, P.O. Box 43, St Agnes. Membership Fees for the 1981/82 Season will be increased to \$5. Min. age 16 years.

Life Membership was granted to Otto Arens.

Leonie Byrnes Secretary

FOR SALE.

1 pair Nike Yankee Joggers. Size 6.
\$27.50 o.n.o.
were \$40.00 hardly worn.

Phone Mrs. Hillier 251 1143

LITTLE ATHLETICS NEWS.

(From information supplied by Mrs. Gwen Duncan, the Association and some of our Little Athletes).

Barmera Little Athletics Easter Meeting

Nine of our Little Athletes attended the Riverland Easter Meeting at Barmera and represented T.T.G. very well. Children were limited to 4 events, medals were presented for two events in each age group, the following is a list of results, it was pleasing for so many to achieve personal best performances.

Sharon Flatman U/11	200m. 33.2 P.B. BRONZE ; 1500m. 7.16.7 L.J. 3.28m. Discus 12.78
Amanda Flatman U/7	200m. 42.2 BRONZE; L.J. 2.52m. Discus 10.58 GOLD; Shot Put 4.71 P.B.
Tania Routleff U/6	Discus 7.94 P.B. SILVER; 70m. 14.9 200m. 45.7 P.B. SILVER
Darren Routleff U/9	Discus 13.82; 70m. 11.2 L.J. 3.43 ; 200m. 34.7
Kerry Dunn U/10	200m. BRONZE; Discus BRONZE (times etc. not available)
Tania Turner U/10	200m. 33.9
Karina Turner U/9	200m. 34.2
Amanda Brown U/10	200m. 32.2 GOLD; Discus 18.34 100m. 15.6; 400m. 1.18.8
Greg Brown U/8	70m. 12.5 P.B.; 200m. 39.0 P.B.; Discus 13.44 P.B.; 800m. Walk 5.51.3 P.B.

Kerry Dunn also attended a little athletics meeting at Loxton on Good Friday and won a prize for her efforts in the 70m. event.

All those who attended the meeting at Barmera enjoyed themselves and suggest that it is a good thing to keep in mind for next Easter.

--ooOoo--

CROSS COUNTRY UNDER WAY AGAIN

Many of our Little Athletes enjoy the Cross Country Season which is rather more relaxed than the summer season and gives families the chance to enjoy a day out together with friends from other centres. The Mums and Dads, brothers and sisters also get a chance to have a run on these days if they wish to join in.

Last Sunday Port Adelaide held its Beach Run, traditionally the first for the season, unfortunately it clashed with Mothers Day and was also a very chilly day for the beach, however 24 children from T.T.G. enjoyed a run. Pt. Adelaide Centre regretted that it had to be held on Mothers Day, they are however bound by the tide times in their selection of the day. (Results are printed further on in this article).

The programme for the next few weeks Cross Country is :-

Elizabeth Cross Country - programme printed on following pages
Sunday May 31st.

Salisbury Steplechase - programme printed on following pages
Sunday June 7th

Sunday June 14th - Cross Country Training morning, meet at Bulkana at 11.00am and we will go for a run around the adjoining streets and ovals.

Mrs. Duncan advises all children to have a couple of runs around the block or a few laps of an oval twice a week before attempting the cross country programmes, take Mum and Dad with you!

Results of Pt. Adelaide Beach Run -

U/7 G. 600m. - Amanda Flatman (5th) 3.14; Linda Byrnes (6th) 3.15
U/7 B. 600m. - Darren Page (8th) 3.29
U/8 G. 1000m. - Kylie Page (2nd) 4.10; Georgine Duncan (5th) 4.29;
Tracey Sinkinson (6th) 4.33; Debbie O'Connell (8th) 5.33
U/8 B. 1000m. - Owen Sullivan (8th) 5.03
U/9 G. 1200m. - Lisa Holland (3rd) 6.52
U/9 B. 1200m. - Adam McBride (7th) 5.40
U/10 G. 1200m. - Kerry Dunn (3rd) 5.56
U/10 B. 1200m. - Peter O'Connell (1st) 5.05; Phillip Byrnes (4th) 5.38
U/11 G. Myles Sullivan (6th) 5.45; Richard Beecham (10th) 6.03
U/11 B. 1600m. - Sharon Flatman (7th) 8.14
U/11 B. 1600m. - Gavin Duncan (1st) 6.24; Stuart Sinkinson (8th) 7.18
U/12 G. 1600m. - Toni Lomman (3rd) 7.19
U/12 B. 1600m. - Steven Moyes (1st) 6.32
U/13 G. 2000m. - Natalie Sinkinson (2nd) 9.21; Angela Smith (4th) 10.23
Katherine Powell joined us for the first time 14.38
U/13 B. 2000m. - Darren Smoult (5th) 9.05

OPEN - 1600m. Mr. Neville Sinkinson (3rd) 7.10; Mr. Jeffrey Smoult
(4th) 7.11.

--oo0oo--

PROGRAMME FOR ELIZABETH CROSS COUNTRY - SUNDAY MAY 31st.

Middleton Road, Cockatoo Valley - Follow the signs from Gawler
-See map at bottom of page.

U/7 Girls 11.30am. - 800m. - U/7 Boys 11.40am.
U/8 Girls 11.50am. - 800m. - U/8 Boys 12 Noon.
U/9 Girls 12.10pm. - 1200m. - U/9 Boys 12.20 pm.

LUNCH BREAK AND PRESENTATIONS

(B.B.Q., Drinks and Cakes available, please bring own plate
and cup)

U/10 Girls 1.30pm. - 1200m. - U/10 Boys 1.45pm.
U/11 Girls 2.00pm. - 1600m. - U/11 Boys 2.15pm.
U/12 Girls 2.30pm. - 2000m. - U/12 Boys 2.45pm.
U/13 Girls 3.00pm - 2000m. - U/13 Boys 3.15pm.

OPEN 3.30pm. - 3200m.

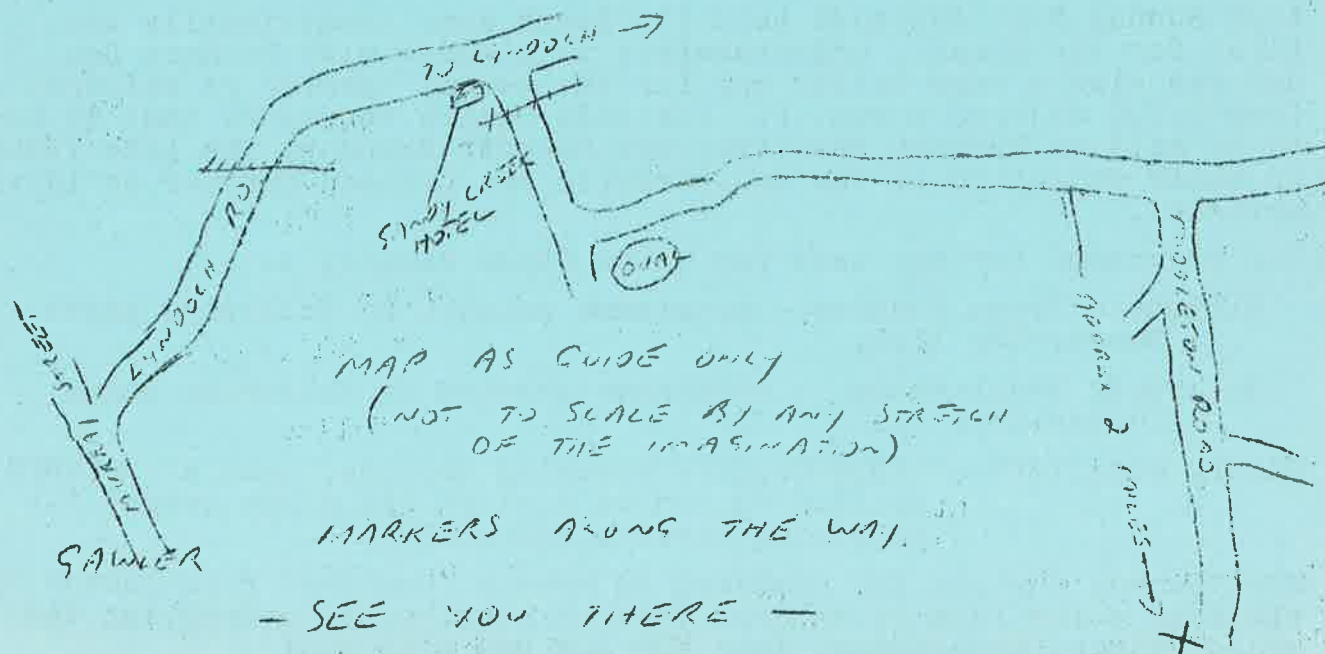
MUMS AND DADS - 3.50pm. - 1600m.

4.00pm. PRESENTATIONS

FOOTWEAR COMPULSORY

ENTRY FEE - 30 cents

INCLEMENT WEATHER WILL NOT FORCE CANCELLATION
THEY WILL RUN, RAIN HAIL OR SNOW.



SALISBURY LITTLE ATHLETICS CENTRE - STEEPLECHASE

SUNDAY JUNE 7th - CARISBROOKE PARK
(Enter off Main North Road, on the left just before
the Old Spot Hotel.)

11.00am U/7 Boys - 700m.
11.10 U/7 Girls - 700m.
11.20 U/8 Boys - 800m. (I think)
11.30 U/8 Girls - 800m. "
11.45 U/9 Boys - 1000m.
12:00 U/9 Girls - 1000m.

LUNCH BREAK (Full canteen facilities and B.B.Q. available)

1.00 pm. U/10 Boys - 1200m.
1.15 U/10 Girls - 1200m.
1.30 U/11 Boys - 1500m.
1.45 U/11 Girls - 1500m.
2.00 U/12 Boys - 1800m.
2.15 U/12 Girls - 1800m.
2.30 U/13 Boys - 2000m.
2.45 U/13 Girls - 2000m.
3.00 OPEN 14 - 17 years - 3000m.
3.20 OPEN - Mums and Dads XYZ. 3000m.
3.45 PRESENTATIONS.

All competitors to report to the Starter 5 minutes prior to the advertised starting time. Entry fee 30 cents per competitor to be paid at the start of the race.

If inclement weather forces cancellation an announcement will be made over Radio Station 5DN between 9.00 and 10.00am.

--ooOoo--

Mrs. Denise Yard still has some photographs of the State Individual Presentations for the following children -

David Wilczek, Richard Parkin, Sam Nelson, Bradley Garvin,

Please phone Mrs. Yard - 264 6830 to let her know if you wish to see or purchase them.

--ooOoo--

Mr. Neville Sinkinson reports that the following team members have joined in the activities of the Walkers Club,

Jason Lind, David Carman and Tracey Sinkinson U/7
Myles Sullivan and Stuart Drew U/11
Gery Lane, Richard Carman, Andrea Carman and Natalie Sinkinson
and newcomer Elizabeth Drew U/15.

You will note that the age grouping is different to our normal competition, the groups cover two or three years of ages.

Children who have already met with success include-
Tracey Sinkinson who won a Gold Medal in a recent event, Myles Sullivan and Natalie Sinkinson each with Bronze Medals - Well done all.

Mr. Sinkinson is interested to hear from any children wishing to take part in this winter walking programme, phone 263 4480 for details.

NEWS FROM SUNDRY SOURCES.

While some have been taking a well-earned rest from racing a few hardy, (or is it foolhardy?) soul have been tackling the many 'fun' runs around Adelaide.

The Anzac Miles saw continued success for Michael Leckey, who won the U.15 boys section 5.02 mins. He continued in the same vein with a win in the 2 mile race at the Parks with a time of 10.53, and recorded the fastest time for U.15 boys in a composite Flinders/T.T.G. team in the recent Patawalonga Relays.

John Lockwood was observed struggling around the $\frac{1}{2}$ Marathon course for 1 hour 44 mins. but he, Angelo Angeli, Karl Robinson and Michael Leckey recorded a creditable 50.04 mins in the Senior Men's 4 x 3,000 metre Relay. John feels he redeemed himself with a recent mile time of 5.61 mins.

Karl Robinson showed that he is getting ready to run the 81/82 Track Season by recording a P.B. of 17.21 mins in a 5,000m. race on April 29th. He continued well with a 5 mile time of 29.23 at The Parks.

Tea Tree Gully was also represented in the Girls 3 x 1 mile relay by D. Lungarini, T. Blackmore and K. Van den Heuval, who recorded 20.08 around the Patawalonga course.

Our best wishes for a speedy recovery to Julie O'Nions who has been battling an injury recently.

The familiar maroon and blue colours of T.T.G. have been represented as the "Sinkinson Stable" of walkers, and have continued their efforts. Congratulations to the following athletes in their recent races.

1 Km. walk.	M. Sullivan.	6.03	
	D. Carman.	6.52	
	J. Lind.	7.07	
	T. Sinkinson.	6.18	U/9. 1st.
1500m. Walk.	N. Sinkinson.	8.05	U/15G. 2nd.
	G. Lane.	8.36	P.B.

Also observed in recent Sunday Mails, a second (2nd) earlier in the season to M. Sullivan and a 3rd. place to T. Sinkinson in a 1500m. Handicap Race.

FOR THE SENIORS.

Rest time is over! Rise and shine at Winter training which has re-commenced at Bulkana, on Sunday at 10.00 a.m. It was pleasing to note the new people at last Sunday's session and we welcome them to Tea Tree Gully Athletic Centre.

Dianne Lockwood.

SERIN CITY

**SHEEP SKIN CAR
SEAT COVERS
UGG BOOTS
SHEEP SKIN RUGS
MOCCASINS
LEATHER HAND BAGS
SOUVENIRS
OPAL JEWELLERY
GIFTS**

1303 NORTH EAST ROAD
TEA TREE GULLY
Telephone 264 4735



For STOCK FOOD
BIRD SEED
VET. SUPPLIES

QUALITY FODDER VETERINARY and ACCESSORIES STORE

164 SMART ROAD, ST. AGNES S.A.
TELEPHONE: 263 0707

After Hours: 263 6486

NEVILLE & YVONNE GENTRY

for QUALITY
GARDEN SPRAYS

ask for

AGCHEM Pty Ltd

products

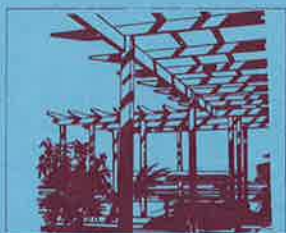
The
**SOUTH AUSTRALIAN
Company**

CASE CARPORTS

58 TAWORRI RD. FAIRVIEW PARK. 5126

PHONE: 251 1292

BUILDERS LICENCES G.2176 G.2177



Our speciality is blending Carports,
Verandahs and Pergolas to the style of
your home, using fine timbers.

K.A. & M.M. VAN DEN HEUVEL



KARADINGA

Y.M.C.A.

Family Leisure Centre



**JAZZ BALLET
& YOGA**

Casual & Permanent
Squash & Racquet
Ball Bookings
Always Welcome

CNR MONTAGUE RD &
FAIRLEIGH AVE. MODBURY
S.A. 5092

TELEPHONE: 263 5622

OPEN Mon - Fri 9 a.m. - 11 p.m.
Sat 9 a.m. - 5 p.m. Sun 2 - 9 p.m.



**RENTRITE
T.V. SERVICE**

Rental & Sales
Antenna
Installations

**REPAIRS TO COLOUR &
B /W T.V., STEREO,
RADIO & ELECTRICAL
APPLIANCES**

Rental incl. Hospital T.V.

264 0229

121 HANCOCK RD. T.T.GULLY

Valley Florist

MEMBER OF INTERFLORA
(Props. Doug and Sadie Brooks)

Specialising In . . .

Weddings, Funerals,
Dried Arrangements,
Hanging Baskets of
Australian Natives.



FREE DELIVERY TO
MODBURY HOSPITAL

PH. 263 5959 A.M. 264 2288

FOODLAND SHOPPING CENTRE
Hope Valley, 1220 Grand Junction Rd.



ST AGNES INSURANCE CENTRE

BENBOWIE ST., ST. AGNES 5097

**FOR ALL INSURANCE
263 9000**

LIFE, SUPERANUATION, SICKNESS &
ACCIDENT, HOUSEHOLD, CAR, BOAT,
CARAVAN.

BUSINESS & COMMERCIAL RISKS

**INSURANCE YEARLY
OR BY THE MONTH**

H. & H. Home Made Cakes

Redwood Park Shopping Centre
414 Milne Road, Redwood Park.



See
Heidi

for the **biggest** selection of
daily fresh baked

- Continental Cakes
- Home Made Pies, Pasties
Sausage Rolls & Pasty Pop Dogs
- Birthday Cakes and Cakes
for all occasions
Made to Order

OPEN 6 DAYS A WEEK

Sundays 11 a.m. - 3 p.m.
Closed Mondays

Ring 265 0107 a.h. 264 4592

Your Local Big 'H' Store



BIG SAVIN' SAM!

**ST. AGNES
HARDWARE**

128 TOLLEY RD
ST. AGNES.

Phone: 263 8716

For **All** Building
&
Handyman Supplies

5 DAYS Plus Sat and
Sun Morning

TEA TREE GULLY HOTEL

1349 NORTH EAST ROAD

Telephone: 264 2288

"SIP 'N' \$AVE"

From Our
Discount Drive-In
Bottle Shop

Dinner/Dance
Every Fri & Sat



Gas Spits,
Barbecues,
Glasses etc.
FOR HIRE

T.T.G. 263-4444
REAL ESTATE

1267 NORTH EAST RD., RIDGEHAVEN.



WE SELL HOMES IN YOUR AREA

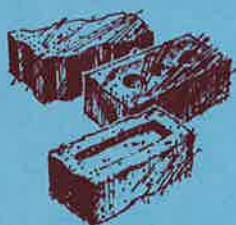
NO SALE — NO CHARGE



T.T.G. "MAKES IT HAPPEN"

T.T.G. 265-0555
REAL ESTATE

108 KELLY ROAD, MODSURY NORTH.



Choose the **RIGHT** brick

Open 24 hours a day and floodlit
at night, PGH display centres
show you over fifty ways to be
different with natural clay bricks.
You're welcome anytime.



PGH CERAMICS

11 Harrison Rd., Resown Park
Greenwith Rd., Golden Grove
Glen Osmond Rd., Glen Osmond.
Phone 46 0291.

Phone: 263 5476

A/H 264 9074

Watch & Jewellery Repairs
Ear-Piercing—Valuations

J. FRY JEWELLERS

Hope Valley Shopping Centre,
1220/22 Grand Junction Road, Hope Valley
(Next to Bremen Hotel)

Agent for SEIKO, CITIZEN, FELICIA, Watches



- SALES • REPAIRS •
- EXPERT ADVICE • HIRE •
- TUITION • SHEET MUSIC •
- GUITARS • KEYBOARDS • DRUMS •
- & MOST OTHER MUSICAL INSTRUMENTS

PHONE 261 9950

612 NORTH EAST RD. HOLDEN HILL
OPPOSITE HIGHLANDER HOTEL



*Put Your Best
Foot Forward
Little Athletics*

McDONALDS
465 PAYNEHAM RD
FELIXSTOW



JEFFRESS PRINTERS

9 OSMAN PLACE, THEBARTON

PHONE

352 1022

Commercial, Color and Offset Printers

TOLLEY'S

Pedare
WINES

Available in Hotels
and Bottle Shops
in South Australia

Douglas A. Tolley Pty Ltd
Hope Valley, S.A. 264 2255